

# Local Wellness Policy: Triennial Assessment Summary

## Results, Progress and Goals

### 1. General Information

School(s) included in assessment: Miami R-1 School District  
097-116

Month and year of current assessment: August 2025

Date of last LWP revision: August 2024

Website address for LWP and/or details on how public can access a copy:  
miami-mustangs.com

### 2. Wellness Committee Information

How many times per year does your Wellness Committee meet? One Time

#### POLICY LEADERSHIP: Designated School Wellness Leader

| Name         | Job Title                | Email Address             |
|--------------|--------------------------|---------------------------|
| Jacob Reiner | Superintendent/Principal | jreiner@miamir1.k12.fl.us |

#### PUBLIC INVOLVEMENT: School Wellness Committee Members

\*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

| Name         | Job Title                   | Email Address             |
|--------------|-----------------------------|---------------------------|
| Christi Eddy | Secretary, Nurse            | Ceddy@miamir1.k12.fl.us   |
| Belley Pace  | Food Service, Nurse, Parent | Kpace@miamir1.k12.fl.us   |
| Lucy Taylor  | Food Service, Parent        | Ltaylor@miamir1.k12.fl.us |
| Hendra Verts | PE Teacher                  | Kverts@miamir1.k12.fl.us  |
|              |                             |                           |
|              |                             |                           |
|              |                             |                           |

### 3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

- Complete the Rudd Center WellSAT3.0 Assessment Tool - <https://www.wellsat.org/>;  
OR Alliance for a Healthier Generation District Level Thriving School Integrated Assessment (TSIA) - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#districts>  
OR similar assessment tool: \_\_\_\_\_

\*Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: Comprehensiveness: 77 Strength: 19
- Keep a copy of the results on file for at least three full school years plus the current year.
- Indicate model policy language used for comparison:
  - Missouri School Boards' Association
  - Missouri Consultants for Education
  - Alliance for a Healthier Generation
  - Other: \_\_\_\_\_

- Describe how your wellness policy compares to model wellness policies:

The Miami R-1 Wellness Plan is a basic district-level wellness policy that meets the minimum Federal Standards and the Alliance for a Healthier Generation Healthy Schools Program Bronze-level Award Criteria. The document notes that optional Policy language is included to establish a stronger policy that could meet Silver or gold award levels

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#### 4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the CDC's School Health Index (SHI) - <https://www.cdc.gov/healthyschools/shi/index.htm>;  
OR Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA) - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;  
OR CDC's Wellness Policy in Action Tool (WPAT) - <https://www.cdc.gov/healthyschools/wpat/index.htm>  
OR similar assessment tool: CDC's School Health Index

\*Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: See Attached
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

**First**, indicate language that is currently written in district local wellness policy in relation to each topic listed.

**Next**, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

**Finally**, indicate the progress made for each goal and next steps that have been identified.

| Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe Progress and Next Steps |
|--|--------------|------------------------|------------------|----------------------------------|
| We do not have smart snacks.   |              |                        |                  | N/A                              |

| Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)                              | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe Progress and Next Steps  |
|--|--------------|------------------------|------------------|---|
| Healthy snacks:<br>Drinks are encouraged for snacks brought from parents for snacks in the classroom as well as classroom parties. | X            |                        |                  | Progress is being made in coordinating to create a list of improved celebrating foods |

| Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe Progress and Next Steps |
|---|--------------|------------------------|------------------|----------------------------------|
| We do not serve smart snacks  |              |                        |                  | N/A                              |

| Nutrition Education & Nutrition Promotion Goal(s)                     | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe Progress and Next Steps |
|---|--------------|------------------------|------------------|----------------------------------|
| To reach the high category of the nutrition environment and services. |              | X                      |                  | Get from 41.60% to 81.100%       |

| Physical Activity Goal(s)   | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe Progress and Next Steps  |
|---|--------------|------------------------|------------------|---|
| The district provides a structured physical education curriculum. | X            |                        |                  | Parent teacher organization funded an upper grades playground for middle schoolers. |



## SHI Assessment: Miami R-I School District

SHI Edition: SHI 2017 (7th Edition) Created: 10/21/2025 Last Activity: 10/22/2025

[Modules/Questions](#) [Overall Scorecard](#) [Plan of Improvement](#)

### Overall Scorecard

For each module, a "✓" appears where the module score falls. Use these scores to create a Plan for Improvement.

| Modules  | Discussion Question Status | Low   |        | Medium |        | High    |
|--|----------------------------|-------|--------|--------|--------|---------|
|  |                            | 0-20% | 21-40% | 41-60% | 61-80% | 81-100% |
| Module 1 - School Policies/Environment                           | Complete                   |       |        | ✓      |        |         |
| Module 2 - Health Education                                      | Complete                   |       |        | ✓      |        |         |
| Module 3 - Physical Education and Physical Activity Programs     | Complete                   |       |        | ✓      |        |         |
| Module 4 - Nutrition Environment and Services                    | Complete                   |       |        | ✓      |        |         |
| Module 5 - School Health Services                                | Complete                   |       |        |        | ✓      |         |
| Module 6 - School Counseling, Psychological, and Social Services | Complete                   |       | ✓      |        |        |         |
| Module 7 - Non-Physical Environment                              | Complete                   |       |        |        | ✓      |         |
| Module 8 - Physical Environment                                  | Complete                   |       |        | ✓      |        |         |
| Module 9 - Employee Wellness and Health Promotion                | Complete                   |       |        |        | ✓      |         |
| Module 10 - Family Engagement                                    | Complete                   |       |        | ✓      |        |         |
| Module 11 - Community Involvement                                | Complete                   |       |        |        | ✓      |         |

Content source: [National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch](#)



10/14/25 @ 8:00 a.m.

Date & Time Notice was posted

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MIAMI R-1 BOARD OF EDUCATION

Monday, October 20, 2025

6:00 P.M.

MIAMI R-1 Library

Proposed Agenda

- I. Preliminary Matters**
  - A. Call to Order
  - B. Approval of Agenda
  - C. District Patron Comments
  
- II. Consent Agenda**
  - A. Minutes of September 15, 2025
  
- III. Financial Report**
  - A. Approval to pay bills
  - B. Approval of account transfer: Bonanza to General
  - C. Approval of account transfer: Bonanza to Superintendent
  
- IV. New Business**
  - A. Approve the Budget for 25-26
  - B. Discuss Wellness Policy Assessment Results
  - C. Approve Local Special Education Plan
  
- VI. Administrator's Report**
  - A. Update of Current Events- Attendance Update
  
- VII. Adjourn to Executive Session** (The Board will adjourn into executive session for discussion of personnel matters, legal matters, and/or student matters, per Section 610.021, (1,3,6) of Revised Statutes of Missouri, and that the minutes and any vote that may occur pertaining to same be made part of the executive session record and be maintained as such.)
  
- VIII. Adjournment**

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Board President

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Board Secretary